



OFFICE LOCATION

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PRACTICE AREAS

Workers Compensation

Personal Injury

Motor Vehicle Accidents

Wrongful Death

Illinois Repetitive Trauma Workers' Compensation Attorneys

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Repetitive trauma injuries are known by many names including repetitive stress injuries, repetitive strain injuries, repetitive motion injuries, cumulative trauma disorders and regional musculoskeletal disorders among others. All of these terms describe the same type of condition. A repetitive trauma injury is one that is caused by the repetition of a specific action or task. Many repetitive trauma injuries can be linked back to work-related activities. As such, these injuries are often entitled to [workers' compensation benefits](#).

Types of Repetitive Trauma Injuries

Over the years, a number of repetitive trauma injuries have been identified. Here are some common work-related repetitive trauma injuries:

- *Carpal tunnel syndrome
- *Tendonitis
- *Rotator cuff injuries
- *Chronic knee injuries
- *Chronic neck pain
- *Spinal disc injuries
- *Aggravation of a previous condition

Because these types of injuries accumulate over time rather than as the result of a single, documented accident, they can be more challenging to prove. Hiring a qualified and experienced [workers' compensation attorney](#) is recommended to ensure you receive the benefits you are



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entitled to for your injury.

Diagnosis of Repetitive Trauma Injuries

Workers' compensation claims are governed by certain statutes of limitations. These are typically based on the date of the workplace accident. Because there is no specific date on which a repetitive trauma injury occurs, the date of diagnosis is usually used to determine filing eligibility. It's important to notify your employer of a diagnosis of a repetitive trauma injury as soon as possible to protect your rights to workers' compensation benefits.

If you have been diagnosed with a repetitive trauma injury, it's also important to contact a knowledgeable attorney immediately. At [Ankin Law Office](#), our attorneys are experienced in handling these types of injuries and making the necessary connection between your injury and your work-related duties. Our firm is client-focused and dedicated to getting you the benefits you deserve. [Contact us](#) for a free consultation.