How to be a Good Sport

Seattle athletes may move on, but their spirit of giving lingers in their former home.

t is sometimes difficult to avoid thinking about all the negative things that have recently happened to sports in Seattle. The Sonics left. Our professional and collegiate teams have seen better years. Professional and amateur sports personnel keep speaking out of turn on Twitter and Facebook. NFL players are reprimanded for advertising brands after they score touchdowns. The list goes on.

But there is one thing that continues to be undeniably magical about sports and sports personalities in this city: they can't seem to get Seattle out of their systems.

In 2000, Karen and Jamie Moyer started The Moyer Foundation. Jamie Moyer was traded to the Phillies in 2006, but the Seattle-based foundation has grown by leaps and bounds, and continues to fund many local programs helping children in distress. The foundation also funds Camp Erin, the largest nationwide network

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of bereavement camps for children and teens.

Throughout 2010, the Moyer Foundation will celebrate its 10th anniversary. It co-hosted a fundraiser during Super Bowl weekend with the Mario Batali Foundation (*Iron Chef*/Food Network). The foundation will sponsor other events during the year such as its Annual Giving Luncheon, the Celebrity Golf Classic at Suncadia and, of course, a big 10th anniversary celebration, tentatively planned for fall of 2010. Each month in 2010, The Moyer Foundation will have local businesses participate by offering special promotions and products, the proceeds from which will benefit the foundation.

Basketball star Jamal Crawford played at Rainier Beach High School and now plays with the Atlanta Hawks. The Jamal Crawford Foundation continues to be run out of Seattle. The foundation provides opportunities and assistance to inner city youth, and also focuses on health and wellness issues for young athletes. In November 2007, Crawford received the NBA Community Assist Award for his achievements with his foundation.

This past summer, the foundation hosted the Healthy Hearts and Helping Hands event at Interbay Golf Center to benefit Seattle Public Schools. His foundation has already raised enough money to provide athletic trainers on site at public school athletic events. This year, he wants to raise enough funds to provide defibrillators for each school. Other upcoming projects include his perennial basketball camp in July at the South Bellevue Community Center, a citywide barbecue next summer and his pro/amateur summer league event. The foundation continues to partner with Seattle Children's Hospital and Big Brothers Big Sisters of Puget Sound.

The Seattle Sports Commission (SSC) is another organization that got busy in 2009. As an affiliate of the Convention and Visitors Bureau in Seattle, it managed the Subway Washington Games II, hosted the Fourth Annual T-Mobile Links and assisted in bringing the inaugural Rock 'n' Roll Marathon to the region. At the top of its current agenda is playing a leading role in Seattle's bid for the 2018/2022 FIFA World Cup.

In the coming year, SSC will continue the Sports Star of the Year Awards at Benaroya Hall (January 2010), bring the AVP Tour to Redmond, Washington (July 2010), work on attracting the Red Bull Air Races for 2011/12, host the 2012 Olympic Diving Trials and the 2011 NCAA Men's Swimming & Diving Championships.

Of course, there are many other well-known and not-so-well-known Seattleites in sports who are doing great things for our community. These are just some of the local folks who keep showing us what it means to be a good sport.

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