

**JUNE 2011:
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CONGRATULATIONS!!
Teresa Anthony won our Birthday Contest and will receive two tickets to see *Dralion, by Cirque de Soleil!*

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Shulman DuBois is On Twitter and Facebook.
Our Blog can be found at
<http://portlandattorney.wordpress.com>

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RETURN SERVICE REQUESTED

We wrote this newsletter ourselves — it's another way to connect with you and our community!
We want you to think of us as your personal resource for all personal injury law.
Please feel free to refer us to any friends, family, and neighbors that may need our expertise.
We welcome the opportunity to help! Call us with any questions at 503-222-4411.



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**FEWER CASES.
BETTER RESULTS.**

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 - Wrongful Death

Call Today for a FREE consultation.

**Playground Safety Tips:
Because It's Not All Fun and Games
by Sean DuBois**



In April, while playing at the local after-school care, my son Tanner fell and broke his arm. When he went to jump off the play structure, something I'm sure he's done a hundred times, the boy behind him grabbed his sweatshirt hood. So Tanner fell backwards, and broke the humerus right above his elbow.

I think as parents we start to take playground safety for granted. We think, "Playgrounds are made for children so they won't get hurt." But according to the CDC, emergency rooms treat more than 200,000 children under 14 for playground-related injuries every year —and many more receive minor injuries every day.

Because this is an issue close to my heart, as a father, I wanted to share some tips for playground safety with other parents to help prevent this happening to your child.

Playground Safety Continued on Page 2



Injuries Among Older Americans Are On the Rise

Americans are faced with an aging population as the baby boomers are maturing into their senior years. In the past, at this stage of life, people retired and began to take time for themselves. With the housing and stock market downturns, however, many seniors have lost their retirement savings and are faced with the necessity to keep working. When seniors postpone retirement, they can meet with some unpleasant consequences.

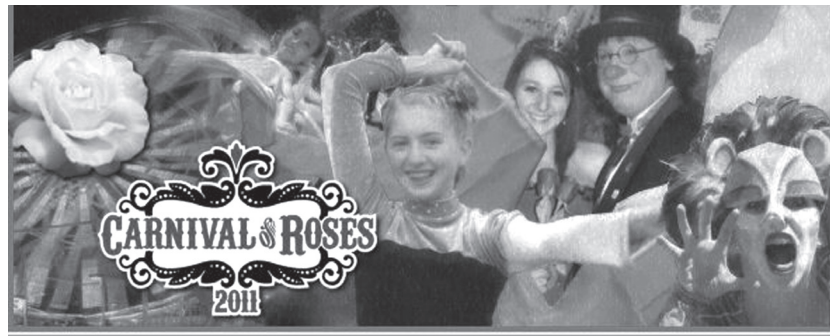
On April 29th, 2011, the CDC published a report showing that the number of injuries among people over 55 has risen from 12% in 2003 to 17% in 2009. Older workers are more at risk for certain types of accidents like falls, but they are also more likely to receive serious injuries from their accidents. Since the number of falls, fractures, and hip injuries has risen, employers need to be even more careful about ensuring the safety of older employees.

Continued on Page 3

Portland Rose Festival

Enjoy this yearly family event May 27th to June 19th!

EVENT SPOTLIGHT



For one hundred years, the Portland Rose Festival has served Oregon and beyond with events and programs that spotlight the riches of our Pacific Northwest heritage and environment while offering colorful examples of many international cultures. Attended by more than two million people, the festival is annually one of the top three most highly decorated events by the International Festivals & Events Association (IFEA) and in 2007 was named Best Festival in the World. - Taken from http://www.rosefestival.org/



Jamie, our Paralegal, is pictured between Nathan Vasquez and Lissa Kaufman

Law Day Conference: Rewarding Volunteer Work

Jamie Summerfield, our paralegal, volunteered on May 4th at the annual Law Day Conference at Portland State University. Her job was to introduce speakers for one of several workshops that the high-school attendees could choose to visit.

Jamie was thrilled to introduce both Nathan Vasquez, Deputy District Attorney, and Lissa Kaufman, the Coordinating Attorney for Portland State's Student Legal Services. "Both of them have a lot of personality," Jamie commented, "and their conversational tone really resonated with the kids." Nathan and Lissa led the panel on Sex Crimes and Measure 11.

High schools from all over the Portland Metro area sent interested students to the conference to give them a deeper understanding of the legal system, as well as the professional responsibilities of lawyers and legal assistants. Some of the teenagers already know they are interested in legal careers, while some were attempting to learn more about their rights, laws, and legal topics like date rape that are relevant to their lives.

Jamie felt the volunteer work was well worth her time. Besides getting to see kids excited about law and asking great questions, "I also got to meet new lawyers and other paralegals—really feel integrated into the Portland legal community," she said. Jamie plans to continue working with the Oregon Paralegal Association (OPA) on such events, as her way of giving back and using her paralegal training outside of work.

Injuries in People Over 55 Continued...

"There is an urgent need for us to look at the safety and health needs of older workers, because they are growing. Employers and others should take steps to help protect the older worker," said report co-author Dawn N. Castillo. Castillo works for the CDC's National Institute for Occupational Safety and Health, and the report was published in the CDC's Morbidity and Mortality Weekly Report.

If the current trend continues, the percentage of workers over 55 could increase from the present 19% of the workforce to 25% in 2018.

In 2009, there were an estimated 210,830 non-fatal work injuries and illnesses among workers 55 and older, and 94% were the result of trauma (the other 6% were chronic injuries). Men make up 52% of the workers over 55, but account for 55% of the injuries and also tend to stay out of work longer (out for an average of 14 days, whereas women usually return to work in 9 days). Broken bones accounted for 11% of injuries among older workers. Injury victims missed up to 42 days of work. According to the research, most of the fractures were to ankles, arms, feet, legs, fingers and hips.

Interestingly, while the risk of injuries related to falls increased with age, the risk of injuries through misuse or accidents involving tools, machinery, and equipment decreased with age—probably due to the increase of experience in older employees.

We encourage all employers to be aware of the safety risks for workers over 55, and to take safety precautions like slip-resistant flooring and removing tripping hazards. This way, we can help prevent injuries that can be more serious and take longer to heal in older employees.

The percent of workers over 55 could increase from the present 19% of the workforce to 25% in 2018.

FATHER'S DAY IS SUNDAY, JUNE 19TH!

Remember to show your dad how much you appreciate him.

Father's Day Word Search Puzzle

SOYADNUSNORAFDD
ODDDORGANIZEADT
HEFPDIRGSTFUTAT
SONORADODDGHHER
SSEDAEDLYHREEVVG
OETNTISFTNASRPI
NONKEANEENASHF
SIENNGRTNODRIHT
ENEFOSETFJEUN
IETNHINNETAEVEN
TNEMPUIQUESTROPS
KTNHNJDI NEHTLEE
CNITENHREEREOWND
EFNTSAFKAERBATA
NHERSBI RTCHDAYD

- BREAKFAST LOVE
CARD NECKTIES
DAD NINETEEN TEN
DADDY PHONE
DAUGHTERS PRESENT
FATHER SONORA DODD
GIFT SONS
GOLF SPORTS EQUIPMENT
GRANDFATHER SUNDAY
JUNE THIRD

PLAYGROUND SAFETY RULES FOR PARENTS

According to the National Program for Playground Safety, parents should always check to make sure that playgrounds are S.A.F.E.:

Supervision is present. A parent or responsible adult should be present at all times and watching to observe potential hazards; it is also important to be available to intercede and facilitate play when necessary.

Age-appropriate equipment is available. Children 2-5 will definitely need play structures that are different from those that children 5-12 will want to use. Playing on or around equipment that is too advanced or too large for a young child can lead to accidents.

Falls are cushioned. About 70% of all playground injuries are related to falling. Acceptable surfaces include: hardwood fiber/mulch, pea gravel, sand, and synthetic materials such as 'poured-in-place,' rubber mats, or tiles.

Equipment is safe. Check to make sure all structures are properly anchored, in good working order, and maintained. Inspect the ground for broken glass, tripping hazards, sharp objects, etc.

Other Safety Tips:

- 1) Make sure the park has no blind spots, that children can be seen at all times.
2) Parents should check for hot surfaces on playground to prevent burns.
3) Avoid clothing strings, loose clothing, and stringed items that can get caught and potentially strangle.

Source: www.uni.edu/playground



General Disclaimer: This newsletter is intended to educate the general public about personal injury cases. It is not intended to be legal advice and does not create an attorney/client relationship. To discuss your personal case, or if you have any questions or comments about this newsletter, please call 503-222-4411.

Communication Policy: We believe in strong communication with our clients, but we also know our attorneys want to focus without interruptions. In order to ensure that we can devote full attention to our cases, our attorneys do not take unscheduled phone calls. To schedule a phone call or an appointment with one of our attorneys, please call 503-222-4411.