

Psychological Nursing Home Abuse

One of the most frustrating things in the world is trying to determine whether or not somebody is being abused when no physical abuse is being perpetrated. Psychological abuse can leave scars as deep and enduring as can any physical abuse. In fact, psychological abuse can leave the kind of injuries whose effects are felt for years.

In situations where nursing home abuse is being perpetrated against a resident or residents, psychological abuse is generally a part of it. Even if there is accompanying physical abuse, psychological abuses including intimidation, coercion and blackmail may be used to discourage the victim from reporting the fact that they are being abused or that other people around them are being abused. Here are some of the signs of psychological abuse that you may notice in loved ones who are in abusive situations.

- Diminished confidence
- Isolation
- Depression
- Fear
- Shame
- Lack of interest in people
- Lack of interest in activities
- Odd secrecy about daily activities

When you find out that somebody you love is being psychologically abused, you have some options and obligations in front of you. First, your most obvious obligation is to make certain that the abuse stops immediately. This generally means contacting authorities about the matter. Even after the authorities intervene, however, there is still generally a lot of work to be done. The abuse may have stopped, but the healing will only have just started.

If your loved one was psychologically abused, consider getting them professional assistance on an ongoing basis. Even for elderly people who may have lived through incredibly difficult times, fresh wounds almost always hurt worse than old ones. Tough, tested and very capable elderly individuals still sometimes need help dealing with what life throws at them.

Make certain that you communicate with the staff at the facility where your loved one stays and keep apprised of their progress. Signs of improvement include making connections with people, having more energy, being relaxed and, in some cases, people's physical health will improve tremendously once their psychological health does.

A nursing home that lets abuse go on and allows patients to continue to be harmed is negligent. [Nursing home abuse lawyers](#) can help you with cases involving negligence. A nursing home [neglect attorney](#) will take a look at your case and see if they can help you. If so, they may be able to put together a successful lawsuit that could get you enough money to pay for any needs the victim has.

