



[FDA Warns Weight Loss Drugs Xenical™ and Alli™ Can Cause Severe Liver Damage](#)

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The [Food and Drug Administration \(FDA\) recently warned](#) the public that those taking the drug *orlistat* for weight loss, marketed under the names of **Xenical™** and **Alli™**, are at risk for serious injury to their liver and severe liver damage.

Xenical™ is only available with a doctor's prescription; however, **Alli™** is sold over-the-counter without a prescription.

Alli is the Subject of Huge National Marketing Campaigns

[Alli™](#) is heavily marketed in this country via both print and television advertising. Millions of dollars have been, and are being, spent to promote **Alli™** as a great weight loss tool.

[Wynonna Judd](#) was recently named its product spokesperson, and a new campaign was implemented to avoid the reputation **Alli™** was receiving for a [notorious side-effect: loss of bowel control](#).

The FDA estimates that [40,000,000 people have taken orlistat](#) as either **Xenical™** or **Alli™**.

The Food and Drug Administration confirms 13 cases of severe liver injury, 12 occurring outside of the U.S. (the single U.S. case involved **Alli™**). One wonders how many more of those 40 million folk may also be suffering from damaged livers, as yet unreported by the FDA.

Signs of Possible Liver Damage

If you or a loved one is taking **Xenical™** or **Alli™**, then you should watch for the symptoms of liver damage, i.e., itching, yellow eyes, yellow skin, dark urine, loss of

appetite, and light-colored stools. Anyone experiencing these symptoms should seek medical attention for their health care provider.