

What Cerebral Palsy Sufferers Deal With

Someone who suffers with cerebral palsy will have many challenges to deal with. Even in cases where the CP isn't terribly severe, there are still difficulties that the sufferers face that can make life a lot more challenging than it is for most people. This disorder is caused by brain damage, usually during the birthing process or right after it and, because it is brain damage related, it cannot be cured; only treated.

Difficulties Walking

One of the most difficult things that cerebral palsy sufferers deal with is mobility impairment. People with [ataxic cerebral palsy](#), for instance, end up suffering a very shaky gait, in most cases. Even when they can walk fairly well, they usually need assistive devices to keep themselves stable. This can make getting around much more difficult than it is for most people, particularly in environments where there aren't always ramps and curb cuts provided to make things easier.

Problems with Independent Living

Many people with cerebral palsy have very poor control over their muscles when they try to perform tasks that involve fine motor skills. In fact, it's pretty common for people to start trembling harder when they're trying to control their muscle to perform detailed tasks. This is tremendously frustrating, but it also causes practical problems with living independently. Cooking, opening and closing doors and so forth can be quite difficult.

Employment

Some people with cerebral palsy have very few symptoms but will have occasional episodes when the symptoms get very bad. They may, for instance, have a week when their muscle spasms are bad enough that they cannot walk and that they cannot do their tasks at their job, even if they normally could take care of those things. This can make it hard to find an employer that will understand their condition and that can make a job situation that works for them.

Costs

Sometimes the costs of this disorder can be very high. Families, and later the individual affected themselves, have to carry a heavy financial burden to deal with CP and this is why some families choose to pursue a [baby brain damage](#) claim. If a jury finds in the family's favor or if the defendant decides to settle the claim out of court, the monies received can be substantial enough to pay for a lot of the therapy and assistance the person with CP will need to live a fulfilling life.