

# Providing for a Child with Substance Abuse Issues in an Estate Plan

By: Shannon Howell

[www.SANDIEGOCALIFORNIAESTATEPLANNINGPROBATEATTORNEY.COM](http://www.SANDIEGOCALIFORNIAESTATEPLANNINGPROBATEATTORNEY.COM)

Providing for children with addictions while also taking care of them can be a complicated part of estate planning. Parents often fear children with substance abuse issues may not spend an inheritance wisely or the money may actually prevent them from getting help, keeping a job or being responsible. At the same time though, most parents struggle with leaving a child out of a will because of addictions. There is always hope the child will rehabilitate and be financially responsible to receive an inheritance.

## Parents Can Maintain Control with a Trust

A trust can be established to provide for the financial care of a child with substance abuse problems. Through the trust instructions parents can maintain control over when trust assets are distributed over time as well as how much of the assets can be distributed. Some assets may not be available until after a child gets a full-time job or when a child turns a certain age. Assets can also be available for specific expenses such as college tuition or therapy which can encourage different behavior from the trust beneficiaries

## Getting Legal Help

Experienced California Estate Planning Attorney Shannon Howell can help you create the documents you need to preserve your assets and protect your loved ones. **Contact us today to discuss your individual planning needs at (619)-739-4657.**

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